

Washington Interventional Spine Associates, P.S.
Ray Baker, M.D. | Paul Dreyfuss, M.D. | Douglas Burns, M.D.
Phone (425) 454-1111 Fax (425) 454-7653
www.spineinjections.org

Patient Name: _____

Date of Service: _____

Check in Time: _____

The Evergreen Surgery Center is located on the highest level of the blue parking garage.

Evergreen Surgical Center
12333 North East 130th Lane
Kirkland, WA 98034
Phone: (425) 899-5656

Please bring your MRI and /or CT films to your appointment

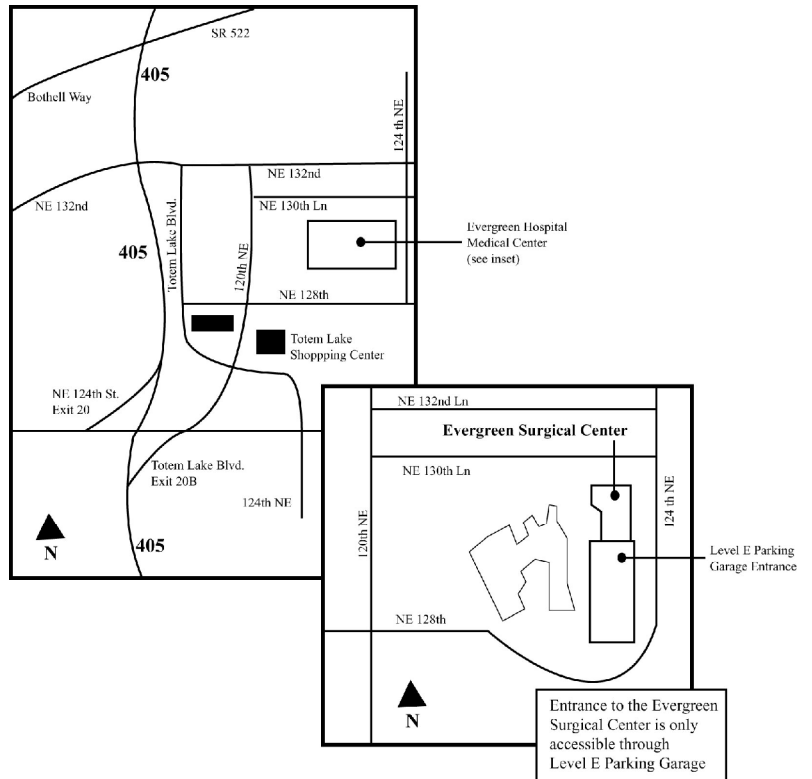
Directions:

I-405 Northbound (From Bellevue):

Take exit **20B** from 405 (also marked NE 124th/Totem Lake Blvd.). Stay in the far right lane of the exit ramp. Proceed straight through the first light. You will see a Pizza hut on your right and a Chevron gas station on your left. Continue on 120th Avenue NE up a steep hill, the Hospital will appear on your right (East). Go past the main entrance, turn right onto NE 130th Lane. Go past the ER, on NE 130th to the stop sign at 124th NE. Take a right and then a right into the surgery center parking lot. You will be on Level E.

I-405 Southbound (From Everett):

Take exit **20** (also marked NE 124th St.), staying in the right lane turn into 124th. Make an immediate right onto 116th NE. Proceed past McDonalds to NE 128th. Turn Right. Stay on 128th until you come to a 4 way stop. You will be at the top of the blue parking garage. Turn left and park on the top. You will be on level E.



Medication Instructions

Take your routine required medications (including heart, lung, high blood pressure and diabetic pills) before the procedure with sips of water only. If you use an asthma inhaler bring it with you.

Medications to be held before pain management procedures:

Do not take your regular pain medicine for 6 hours before the procedure so that the physician can better assess your condition. If you are receiving a diagnostic procedure it will be best to not take pain medication in the first 6 hours after the procedure so that optimal diagnostic information is obtained.

Many medications can thin the blood and/or affect the clotting mechanism increasing the risk of bleeding. Excessive bleeding following a procedure can, at times, have serious effects including permanent nerve injury. Your physician may not perform a scheduled procedure if the medications below are not held before the procedure. **Please call the office if you are on one of these medications listed below.** You may resume these medications the night of the procedure.

Drugs

Hold Before Procedure

Sub-cutaneous drugs: **Heprin, Lovenox** (Enoxaparin), **Innohep**at least **12 hours**
(Tinzapaarin), **Fragmin** (Dalteparin), **Normiflo** (Ardeparin)

Coumadin (Warfarin), **Orgaran** (Damaparoid)..... **6 days**
We will need to arrange a blood draw (INR) the day of the procedure if you are on
Coumadin

Plavix (Clopidogrel)**10 days**

Ticlid (Ticlopidine) **14 days**

Aspirin (Cervical Procedures Only)..... **7 days**

**Garlic, Ginseng, Vitamin E (more than 400 IU/day), Feverfew, Ginger, Saw
Palmetta, Dong Quai, Bromelain, Omega –3, Chondroitin** (Cervical Procedures
Only)..... **7 days**

Ginko Biloba (Cervical Procedures Only)..... **2 days**