

**Washington Interventional Spine Associates**  
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## **POST IV SEDATION INSTRUCTIONS**

IV medications for sedation can effect your body for up to 24 hours. You may not remember some things about your procedure including explanations that you were given. This is not unusual if you required at least a moderate amount of sedation. You may feel drowsy. Your fine muscle control and judgment may also be affected. Your reaction time can be slowed. You may not appreciate these changes, but it is important for you to be aware of these facts and modify your activities.

1. You must be accompanied by a responsible adult who will drive you home after your procedure.
2. Do not drive a car or operate machinery/power tools until the next morning.
3. Do not take any tranquilizers or sleeping pills unless specifically ordered by your physician the day/night of the procedure.
4. Do not drink alcoholic beverages the day/night of the procedure.
5. Do not sign any legal documents the day/night following the procedure.
6. Do not assume responsibility in caring for others until you have recovered.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Nurse Signature

\_\_\_\_\_  
Date